



## THE WROXHAM CAFÉ

### Week 1

Week Commencing 2<sup>nd</sup> Jan, 30<sup>th</sup> Jan, 6<sup>th</sup> Mar

**Monday** Meatballs (Pork) with Tomato Sauce  
Cheese & Chive Jackets  
Whole Wheat Spaghetti  
Garlic Bread  
Mixed Vegetables  
Plum Crumble & Custard



**Tuesday** Chicken Fajitas/Vegetable Fajitas  
Vegetarian Chilli  
Rice  
Corn Chips  
Jelly (Vegetarian)

**Wednesday** Roast Beef  
Yorkshire Pudding  
Cauliflower Cheese  
Peas/Carrots  
Roast Potatoes  
Fruit/Yoghurt



**Thursday** Turkey/Vegetarian Sausages  
Broccoli Bake  
Mash  
Onion Gravy  
Peas  
Cheese Crackers

**Friday** Battered Cod  
Chips  
Peas  
Cheese, Onion & Pepper Parcels  
Vanilla Ice Cream  
Banana Milkshake



**Cheese, Tuna, Wholemeal Roll, Salad & Fresh Fruit available daily**

*Menus subject to change*



## THE WROXHAM CAFÉ

### Week 2

Week Commencing 9<sup>th</sup> Jan, 6<sup>th</sup> Feb, 13<sup>th</sup> Mar

**Monday** Macaroni Cheese  
Seasonal Vegetable Pasta  
Garlic Bread  
Mixed Vegetables  
Apricot Crumble & Custard



**Tuesday** Meat Loaf (Pork)  
Vegetable Fingers  
Diced Potatoes  
Baked Beans  
Flapjack & Custard

**Wednesday** Roast Beef  
Yorkshire Pudding  
Cauliflower Cheese  
Peas/Carrots  
Roast Potatoes  
Fruit/Yoghurt



**Thursday** BBQ Chicken Kebab  
Roasted Vegetables in Olive Oil  
Cous Cous  
Wholemeal Pitta Bread  
Mixed Green Salad  
Oat Cookies

**Friday** Pizza  
Tuna Pasta  
Garlic & Herb Potatoes  
Sweetcorn  
Chocolate Ice Cream  
Chocolate Milkshake



**Cheese, Tuna, Wholemeal Roll,  
Salad & Fresh Fruit available daily**

*Menus subject to change*



## THE WROXHAM CAFÉ

### **Week 3**

Week Commencing 16<sup>th</sup> Jan, 20<sup>th</sup> Feb, 20<sup>th</sup> Mar

**Monday** Lasagne (Beef)  
Cheesy Pasta Bake  
Garlic Bread  
Mixed Vegetables  
Forest Fruits Crumble & Cream



**Tuesday** Fish Fingers  
Vegetable Nuggets  
Mash Potatoes  
Peas  
Syrup Sponge & Custard

**Wednesday** Roast Beef  
Yorkshire Pudding  
Cauliflower Cheese  
Peas/Carrots  
Roast Potatoes  
Fruit/Yoghurt



**Thursday** Chicken Korma  
Vegetable Curry  
Rice  
Green Beans  
Naan Bread  
Fresh Fruit Salad

**Friday** Hot Dog/Veggie Hot Dog  
Chips  
Beans  
Cheese Vegetable Bake  
Strawberry Ice Cream  
Strawberry Milkshake



**Cheese, Tuna, Wholemeal Roll, Salad  
& Fresh Fruit available daily**

*Menus subject to change*



## THE WROXHAM CAFÉ

### **Week 4**

Week Commencing 23<sup>rd</sup> Jan, 27<sup>th</sup> Feb, 27<sup>th</sup> Mar

**Monday** Beef Chilli Con Carne  
Ratatouille  
Basmati Wild Rice  
Sweetcorn  
Corn Chips  
Apple Crumble & Custard



**Tuesday** Chicken Casserole  
Cheese & Potato Layer  
Diced Potato  
Broccoli  
Waffles & Chocolate Sauce

**Wednesday** Roast Beef  
Yorkshire Pudding  
Cauliflower Cheese  
Peas/Carrots  
Roast Potatoes  
Fruit/Yoghurt



**Thursday** Jacket Potato  
Cheese, Coleslaw  
Baked Beans  
Tuna, Sweetcorn  
Chocolate Krispie

**Friday** Burger Beef/Veggie  
Pasta Napolitana  
Potato Wedges  
Mixed Salad  
Choc Ice  
Chocolate Milkshake



**Cheese, Tuna, Wholemeal Roll, Salad  
& Fresh Fruit available daily**

*Menus subject to change*